



AD Perio  
& Implants

**Anukampa Dutta**, DDS, MS  
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## ORAL OR IV SEDATION INSTRUCTIONS

- \*No Alcohol or Narcotic drugs -We cannot safely sedate you if you have consumed alcohol, narcotics of any type (including Vicodin/Hydrocodone) or any street or recreational drugs.**
- \*No Caffeine for 12 hours-** Consuming caffeine will limit your level of sedation. No coffee, iced tea, caffeinated sodas or energy drinks (liquid or pills) is allowed 12 hours prior to your procedure.
- \*The evening before your appointment take all your routine medications with a sip of water (EXCEPT: baby aspirin, vitamin E, flaxseed, fish oil, krill oil, Omega) these should have been stopped 1 week prior to dental procedure. Any prescribed blood thinner should have been discussed with Dr. Dutt and your PCP/Specialist prior to your scheduled dental procedure.**
- \*Nothing to eat or drink after MIDNIGHT if you are having IV SEDATION.**
- \*Nothing to eat or drink 6 hours prior to your scheduled dental appointment if you are having ORAL SEDATION.**
- \*The day of your appointment take your routine medications (ex: Blood pressure, Diabetes, Cholesterol) with a small amount of water if your appointment is in the morning. If your appointment is in the afternoon please have a early breakfast along with your medications.**
- \*Oral Sedation patients:** Take your prescribed oral sedation medication (Halcion) **1 hour before** you are scheduled for your dental appointment. Please **bring your prescription bottle with you** so you can take the second pill in the office if needed.
- \*Clothing:** Please wear comfortable loose fitting clothing preferable with a short-sleeved blouse/shirt or a loose sleeve that can be rolled up the arm to help us in monitoring your blood pressure, heart beat and in giving you intravenous medications. Wear comfortable shoes, socks or slippers. For women we ask for you not to wear dresses or one piece outfits. We have freshly laundered blankets to keep you warm if you get cold.
- \*No artificial nails or nail polish, dips or gels are to be worn the day of your procedure.**
- \*Contact lens must not be worn or removed prior to surgery.**
- \*Please leave all your valuables (ex: purses, wallets, jewelry, watches and phone) at home or with your responsible adult accompanying you. We ask that you please take care of your bill and have consent form signed prior to your scheduled dental appointment since you will already be under the sedation medication.**
- \*It is absolutely essential that you have your responsible adult driver drive you to your appointment and back home. We will not be able to proceed with your appointment if you drive yourself. UBERS/LYFT and TAXI's are NOT acceptable forms of transportation. Your driver must be present and in the waiting room prior to the scheduled completion time of your procedure before you can be released.**

*These instructions are for your benefit and safety. If you have any other questions please feel free to call the office.*

Signature of patient or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of witness: \_\_\_\_\_ Date: \_\_\_\_\_



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### **AFTER YOUR SEDATION APPOINTMENT**

- You will be drowsy and be detained **in our office** for 20-30 minutes. Your escort may sit with you during this time.
- Since you will be still under the effect of sedative, it is recommended that **when you reach home**, either **use a wheelchair or someone strong must support you to walk inside the house and make you sit/lay** in a comfortable position.
- **Do not drive** an automobile or operate machinery for 24 hours following surgery. Sedative medications will alter your judgment for several hours afterwards and that could lead to injuries to yourself and to others.
- **Do not drink alcoholic beverages** for 24 hours because the pain pills that you may be prescribed will have a greater sedative effect after I.V. sedation, you may find yourself napping the afternoon following surgery.
- **Please have a responsible adult around you** (for at least 24 hours), especially if small children are in your care.
- If you have any question about your treatment, please remember to have them answered before your treatment begins or call our office during regular working hours or call the doctor phone at after hours.

**IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT WE ASK THAT YOU INFORM US 24 HOURS PRIOR TO THE APPOINTMENT SO THAT WE MAY USE THAT TIME TO SERVE OTHERS.**